



Educational Tours

PACKING LIST

The bottom line for any trip abroad: Pack light. Keep in mind that travelers are responsible for toting their luggage around airports and hotels in each city, so it's best to only pack the essentials—ideally in one suitcase and one carry-on bag. Use these packing tips to get started.

Clothing & accessories

Keep in mind that some religious sites require that shirts cover the shoulders and arms, and do not allow shorts, short skirts or flip-flops.

- Comfortable walking shoes
- Shirts (short- and long-sleeved)
- Socks and underwear
- Shorts/pants/jeans
- Pajamas
- Bathing suit (if applicable)
- Raincoat and/or umbrella
- Sunglasses
- Watch

Toiletries

- Toothbrush and toothpaste
- Shampoo/conditioner
- Soap
- Deodorant
- Hairbrush/comb
- Sunscreen
- Spare set of contact lenses/glasses (if applicable)

Money

- ATM card (call the bank prior to departure to alert them of the trip)
- Personal credit card (call the credit card company to tell them the card will be used overseas)
- At least \$50 converted to foreign currency of the first country that you're visiting
- Pouch for storing money and passport under clothing (available at travel stores)

Documents

- Passport (required on all ef educational tours; remember to bring a photocopy on tour and leave one copy at home)
- Visas (if applicable)
- A copy of the tour itinerary
- A list of important phone numbers and addresses to send postcards home
- Copy of any prescriptions (customs officials may want to verify that a container's contents match its label, so all medication should be carried in its original container)

Electronics

- Smartphone/cell phone and charger
- Alarm clock (many hotel rooms won't have one)
- Adaptor/converter (available at travel stores)
- Camera with memory card and charger/batteries

Carry-on bag

Your EF backpack is a perfect carry-on bag. Here's a short list of items travelers might need on their arrival day. These should be packed in the carry-on bag in case luggage is delayed.

- Passport
- Airline ticket
- Money
- Toothbrush and toothpaste (check tsa.gov for current security requirements)
- Hairbrush
- Contact lens case/glasses and glasses case
- Change of clothes
- Medication
- Any valuables